



This Edition:

- **From the Secretary's Desk**
- **Teenline: Queries of this Quarter**
- **Special Mention:**
 - Dr Indrani Bhattacharyya CEO, CINI at WeProtect Summit, Abu Dhabi
 - 'Street Champions' discussed upcoming report to UNGA with UN Officials
 - Children raised 'Child Friendly Agenda' at first Global Ministerial Conference
 - CINI at National Children Consultation on ending violence against children
 - Talk to the Mayor Uncle: Children's Vision for a Better Kolkata
 - CINI's contribution to climate action: Recognised at COP'29, BAKU
- **Nota Bene: Regular Column:** 'Celebration and Environment' by Monalisa Datta
- **Special Days Celebrations:**
 - World Mental Health Day
 - National Children's Day
 - World Diabetes Day
 - CRC Week
 - World AIDS Day
 - International Day of Persons with Disabilities
 - World Girl Child Day
- **News Positive**
- **Other Events of this quarter**
- **Picture Speaks**

From the Secretary's Desk

Dear Friends of CINI,

As we closed the year 2024, there were many significant days to be celebrated by children, particularly young people and women with special activities, listed in the second paragraph. First, the most significant happenings, which recognized our interventions to improve the lives of deprived communities, thanks to support we received from all of you, particularly our donors in India and abroad.

Our Street Champions from Kolkata were invited by Dr. Najat, Special Representative of the Secretary-General on Violence Against Children, to share their concerns regarding her upcoming UN report to the UN Human Rights Office.

On 20th October, Dr. Indrani Bhattacharyya, CEO, was invited to the WeProtect International Summit in Abu Dhabi on 4th December, where she shared CINI's Child Protection interventions. On 21st November, CINI's experience of working on climate action involving children and women in the Sundarbans was presented at the COP29 Conference in Baku. On 17th September, CINI participated in Bhubaneswar at the Eastern Regional Conference of the Indian Association of Studies in Population to present the good practices to improve health and nutrition status of deprived communities.

On 10th October, all units involved young people to observe World Mental Health Day; on 11th October, the International Girl Child Day; and on 25th November, the International Day for the Elimination of Violence against Women. On 27th November, CINI attended and facilitated the participation of a street-connected child at the National Children's Consultation to end violence against children in Delhi.

I will now allow you to go through the newsletter for the 4th quarter covering our activities for the months of October, November, and December, thus ending the year 2024. Wishing all of you in India and abroad a peaceful and happy new year. We hope 2025 will usher in peace and prosperity and an end to all the violence experienced in 2024.

**Dr. Samir Chaudhuri,
Founder & Secretary**

Query of this Quarter

FOOD AND MOOD

Food and mood are closely linked, and your diet can have a big impact on your mood and mental well-being. There's no single super-food that boosts mood – it's about having a varied, healthy diet.

Unhealthy eating habits that alter your mood and emotional well-being:

- Skipping meals
- Cutting out entire food groups
- Eating too many refined carbohydrates
- Eating too many processed foods
- Consuming too much caffeine or alcohol
- Eating too much junk food
- Eating irregularly
- Not eating enough nutrient-rich foods etc.

THE MOOD IN FOOD			
NEGATIVE		POSITIVE	
Tea, Coffee, Refined cereals, Fried foods	Irritable, anxious, depression	Nuts, seeds, tofu, lentils, chicken, fish, eggs, beans, Dark chocolate	Feeling generally happy
Candies, cookies, soft drinks, Processed meats	Mood swings	Sea fish, walnuts, almond, unsaturated fat	Emotionally balanced, less moody
Junk food, fast food	Feeling low	Lean meat, lamb, eggs, soya beans, chick peas	Feeling more alert and active

Improve your 'Food Habit' to support your 'Mental Health':

- Maintain consistent meal times and ensure an appropriate interval between meals
- Choose less refined sugars and eat more whole grains
- Include protein at each meal
- Eat a variety of all group foods
- Include omega-3 rich foods, like oily fish, in your diet
- Reach and maintain a healthy weight, get regular exercise
- Drink plenty of fluids, especially water etc.

Special Mention

CEO, CINI participated at WeProtect Global Summit 2024 in Abu Dhabi



Abu Dhabi: Dr. Indrani Bhattacharyya, CEO, CINI participated at **WeProtect 2024 Global Summit** in Abu Dhabi, which was scheduled for 4th and 5th December. The summit was an excellent platform for CINI to represent the entire South Asia region, and CINI had the opportunity to share the experience at the **Breakout Session #3: Emerging Risks and Solutions: Insights from the Ground**, Wednesday 4 December 2024.

This session featured 6 speakers from across the globe sharing key insights following a series of 8 working meetings that explored current and future challenges, as well as innovative solutions, to strengthen the **localization agenda for combating the sexual exploitation of children facilitated by technology**. This provided a unique opportunity to present critical perspectives from regions in the global majority and inspire further collaboration globally. The agenda also includes prominent high-level experts from UN, with whom CINI has already worked and our children are sharing their thoughts and recommendations, such as:

- **Dr. Najat Maalla M'jid**, Special Representative on Violence Against Children.
- **Ms. Mama Fatima Singateh**, Special Rapporteur on the Sale, Sexual Exploitation, and Sexual Abuse of Children.



'Street Champions' discussed upcoming report to UNGA with UN Officials



Kolkata: On 20th October 2024, 27 **Street Champions** and their peers gathered at CINI's office in Kolkata for a **remarkable interaction with Dr. Najat Maalla M'jid, the United Nations Special Representative on Violence Against Children**. This meeting, held ahead of **Dr. Najat's report presentation at the UN General Assembly 2024**, brought together children from **CINI's intervention areas in Murshidabad, Uttar Dinajpur, South 24 Parganas (Ghutiari Shariff), and Kolkata**, along with representatives from various countries worldwide. Participants shared their personal experiences with violence and proposed actionable solutions, creating a powerful platform for exchange and advocacy. **Children delivered impactful presentations**, emphasizing the critical need for their voices to shape policies and strategies to combat violence. Dr. Najat actively sought their views on the role of local, national, and international governments in addressing this pressing issue, reinforcing the importance of integrating children's lived experiences into policy frameworks.



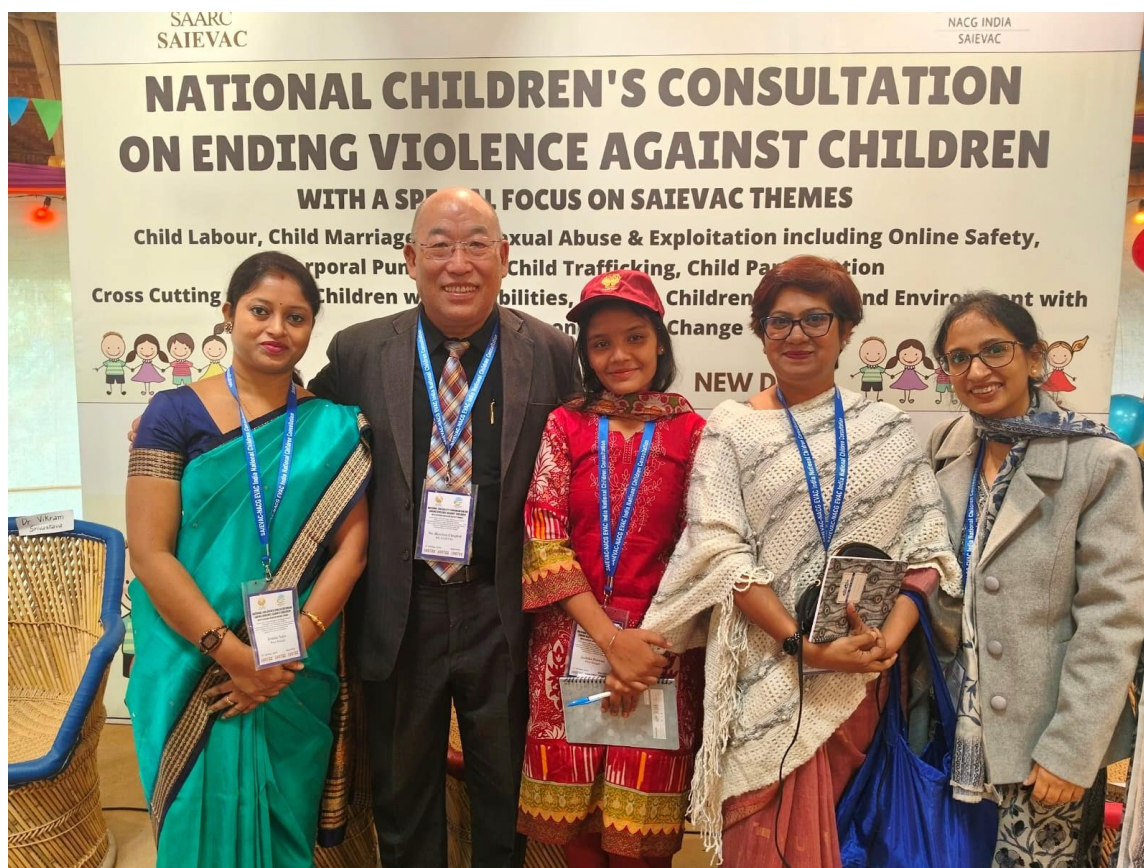
Children raised 'Child Friendly Agenda' at first Global Ministerial Conference



West Bengal: On 31st October 2024, two “Street Champions” were facilitated by CINI to participate in a satellite event at the Global Ministerial Conference on Ending Violence Against Children. These street-connected young people shared their powerful lived experiences, discussing the barriers they face in accessing essential services and the violence they encounter. Their presentations emphasized the importance of finding practical solutions, such as organizing vaccination drives and collaborating with local authorities to improve rights-based access to services for children in vulnerable situations. Following this impactful participation, a web story was published on the UN's Office of the High Commissioner for Human Rights (OHCHR) website, highlighting the two child speakers as changemakers who are leading efforts to advocate for children's rights. You can read the full story here: [Changemakers from the Streets Advocating for Children's Rights](#).



CINI at National Children Consultation on ending violence against children



New Delhi: A **National-Level Consultation** held by the National Action and Coordination Group for Ending Violence Against Children from 26th to 28th November 2024 in Delhi, was a culmination of efforts from state-level consultations, including one held in Kolkata on 29th October 2024, where 58 participants participated in both online and offline discussions. **Jashika Paswan, Street Champion** was elected by their peers to represent her peers at the national level, joining children and chaperones from 19 states and representatives of organizations like **ILO, Stop Child Exploitation, Miracle Foundation India**, and **CINI**. The event commenced with ice-breaking activities and preparations on 26th November, leading to the official opening on 27th November, graced by dignitaries such as **Dr. Rinchen Chopel** and **Dr. Divya Gupta**. Children shared insights from their state-level consultations and participated in discussions on family strengthening and child welfare. The day also included vibrant cultural exchanges to celebrate the **35th anniversary of the UNCRC**, fostering unity and shared purpose among the participants.

On 28th November, sessions featured a virtual interface with the UNCRC Committee and dialogues with key government authorities like **Mr. B.K. Goel** and **Dr. Jagannath Pati**, focusing on child protection strategies and the challenges faced. Civil society leaders, including **Mr. Manu Sharma** and **Mr. Ponpandian Thangam**, engaged with participants to discuss partnerships for enhancing child welfare. The event not only highlighted the collaborative efforts between children, civil society, and government authorities but also set the stage for future partnerships in creating a safer and more inclusive environment for children across India.

Talk to the Mayor Uncle: Children's Vision for a Better Kolkata



Kolkata: On 23rd November 2024, the **Kolkata Municipal Corporation House of Council in Kolkata** hosted a significant meeting during the **Convention of the Rights of the Child (CRC Week)**. Organized by CINI in collaboration with NGO partners such as **Gana Unnayan Parshad, Garden Reach Alif Nagar, Tiljala Shed**, and others, the event brought around 100 children and 190 participants to discuss pressing issues directly with the Mayor of Kolkata.

The children highlighted critical concerns, including the need for **child-friendly Anganwadi Centres, improved drainage systems, KMC-run English medium schools in every ward, accessibility features such as Braille and pictorial maps, and enhanced facilities for the differently-abled**. They also advocated for the **promotion of LGBTQ+ inclusivity, a city-level child protection committee, a Right to Play celebration, swimming lessons, and increased tree plantations to address rising heatwaves**.

Honourable Mayor of Kolkata responded positively, acknowledging the children's concerns and offering solutions.



CINI's contribution to climate action: Recognised at COP'29, BAKU



Baku, Azerbaijan: CINI's collaborative effort with The TGI Delhi at COP29 significantly impacted discussions on **climate change** and mental health, particularly regarding the vulnerabilities faced by communities like the Sundarbans. By focusing on the mental health consequences of climate change for young people, CINI and TGI brought crucial attention to an often-overlooked aspect of climate discourse.

Key Contributions:

Highlighting Mental Health Challenges: The joint presentation emphasized the psychological stress and anxiety exacerbated by climate-related events, such as cyclones and rising temperatures. This focus on mental health is critical, as it connects physical environmental changes to emotional and psychological well-being, particularly among youth in vulnerable regions.

Youth-Led Initiatives: CINI showcased youth-led strategies for resilience and advocacy, demonstrating how young people can be at the forefront of climate action. This approach not only empowers youth but also ensures that interventions are tailored to community needs, fostering a sense of agency.

Integration into Climate Policy: The discussions advocated for the integration of mental health support into broader climate adaptation strategies. By highlighting this need, CINI and TGI urged policymakers to consider mental health as a fundamental component of climate resilience, thereby influencing future policy frameworks.

Fostering Collaboration: Their involvement facilitated new partnerships among organizations focused on mental health and climate action. This collaboration is essential for scaling up research and interventions that address the psychological impacts of climate change globally.

Nota Bene: Regular Column

Celebrations and Environment: Striking a Balance for a Sustainable Future

Monalisa Datta

This Time Choose Your Deepawali



You can easily recall the night or the day-after of Diwali or the post picnic-season conditions of forest, river banks, sea-sides or valleys, the common tourist spots. We have accepted these side effects of festivities. The high decibel sound of crackers or loudspeakers, polluted air, huge amount

of solid wastes are the by-products of celebrations. But unfortunately, from our jolly pets to the whole eco-system, nothing is prepared for this seasonal catastrophe. Celebrations are a vital part of human life, allowing us to celebrate milestones, express joy, and build connections. However, these significant environmental impacts, including excessive waste production, energy consumption, carbon emissions, and depletion of natural resources, can lead to a permanent environmental hazard. Waste generation from single-use plastics and high energy consumption from lighting, heating, and powering events contribute to pollution. In addition, mass consumption of natural resources (flowers, paper, etc.) can put undue pressure on ecosystems.

So, should we avoid celebrations? That's not a feasible solution either. To tell the long story short, promote sustainability, consider 3R (reduce, reuse, and recycle), opt for sustainable food and drink prepared with locally grown ingredients to reduce the carbon footprint associated with transportation, plan ahead to minimize food wastes, give eco-friendly gifts, minimise energy usage during events, use less-noisy and smokeless fireworks alternatives, and go for eco-friendly decorations, these are the minimums we can opt. Reducing single-use plastics and opting for reusable items can help reduce waste and promote a more sustainable future. Additionally, considering energy efficiency and using natural or reusable decorations can create a festive atmosphere without contributing to pollution. By making small but impactful changes, we can continue to mark important moments without leaving a heavy ecological footprint. A sustainable celebration not only benefits the planet but can also inspire others to think creatively about how to make their events eco-friendlier. Ultimately, it's about embracing the spirit of celebration while considering our responsibility to future generations.

Let's celebrate with purpose, ensuring that we cherish not only the moment but also the world around us. By adopting sustainable celebrations, we can create a more sustainable future for all.

Special Days Celebrations

World Mental Health Day (10th October, 2024)



Assam: The day was observed in **Udalguri and Tamulpur districts of Assam** to raise awareness about mental health with 102 participants, including **frontline workers, adolescents, school teachers, and community members**. The event aimed to help adolescents **understand stress**, identify common causes, and learn effective management techniques. Participants, including mothers and adolescents, shared their experiences with stress, often describing it as “tension” from economic challenges, family responsibilities, and academic pressures. Facilitators explained stress as a normal physiological response and **highlighted its causes**, such as **academic pressure, family expectations, peer relationships, and social media**.

National Children’s Day Celebration (14th November, 2024)



North Bengal: On November 14th, 2024, **Children's Day** was celebrated with great enthusiasm across all education centres in **Alipurduar, Jalpaiguri, and Darjeeling** districts. The event highlighted the life and contributions of Jawaharlal Nehru, with children sharing inspiring stories about his vision and love for young minds. The program was graced by the presence of government stakeholders, including **GP members, ICDS workers, and ASHA**

workers, who added to the significance of the celebration.

The festivities extended into a week-long **Child Rights Week**, featuring vibrant cultural programs at various centres. Children showcased their talents through dance, poetry recitation, music, drama, and sports activities, making each day memorable and joyful.



Jama, Jharkhand:

Children's Day was celebrated in 10 panchayats of **Jama Block, Dumka district**. The event aimed to raise awareness about children's rights and promote nutrition, health, and education through impactful activities.

- **Food Demonstration:** Trained Anganwadi Workers (AWWs) showcased nutritious recipes using Take Home Ration (THR) at 10 AWCs, educating pregnant and lactating women on dietary diversity and serving healthy food to children.
- **Community Meetings:** Discussions were held on nutrition, anaemia, and supplementary nutrition, with participants preparing "Poshan Laddu" and "Khir" to highlight the importance of local, nutritious foods.
- **Drumstick Plantation Drive:** Nutrition Doots mobilized the community to plant 20 drumstick trees at AWCs, emphasizing their role in combating malnutrition.



Uttar Dinajpur, West Bengal: To ensure 'Participation', CINI organized a **Block Kabaddi Tournament** for girls at Itahar Block of Uttar Dinajpur on **National Children's Day**. In this one-day tournament, participants participated from 4 different schools, like Itahar, Itahar Girls, Shibrampur, Banbol Girls High School and 2 Gram Panchayats (GPs) also participated, like Durgapur & Itahar. Over **84 participants are divided into 6 teams** who participate against each other. The event is organized and conducted by **CINI** with the active hand holding **support of the Block Administration**. Encourage all young women to participate in our traditional sports to ensure **physical fitness** and **combat malnutrition**.



South 24 Parganas:

On Children's Day, CINI celebrated the purity of children and the importance of their rights, making them feel cherished in every way. The children were engaged in various fun activities, including drawing portraits of Chacha Nehru, as well as reciting, dancing, and

singing. Alumni shared the significance of Children's Day and Nehru's contributions. Additionally, the Alumni girls discussed important topics such as children's safety and education. The learning centres also organized fun events such as marble race, mathematics race, and processions to mark the occasion.

Birbhum &

Murshidabad: On Children's Day, CINI celebrated the joyous essence of childhood by organizing a vibrant and dynamic event filled with activities aimed at nurturing creativity, self-expression, and talent in the three blocks **Khoyrasole & Md.**



Bazar, Birbhum and Suti II of Murshidabad district. Themes like "My Dream World" and "What I Want to Be" inspired them to visualize their dreams and future ambitions, fostering a sense of hope and purpose while boosting their creative confidence. The Talent Show was another highlight, offering a stage for children to showcase their singing, dancing, acting, and comedic skills. The entire event was thoughtfully designed to empower young minds, providing them with a supportive environment to explore their abilities and celebrate their uniqueness. Positive feedback from children and parents emphasized the event's impact, making it a truly memorable celebration of the boundless potential and dreams that every child carries.

World Diabetes Day (14th November, 2024)



Murshidabad:

World Diabetes Day was observed in schools and madrasas through rallies, quizzes, online workshops, poster-making sessions, and diabetes screening camps. Local frontline workers, including ICDS staff, teachers, SI, BDO,

Sabhapati, and BMOH, actively participated in these programs. A total of 9,747 students participated, engaging in activities that promoted health awareness, children's rights, and community well-being.



Uttar Dinajpur: World Diabetes Day was observed on 14th November 2024 across nine Blocks in Uttar Dinajpur with the theme of "Breaking Barriers, Bridging Gaps."

The objectives were:

- To raise awareness about diabetes and its impact and to promote healthy lifestyle changes.
- To teach about diabetes risk factors, symptoms, and prevention strategies
- Encourage children to make healthy food choices, exercise regularly, and maintain a healthy weight.

Various activities were conducted through the day of observation, like **diabetes screening, yoga competitions, and poster-making competitions**, etc. A total of 1180 children and adolescents participated in this event.

Convention on the Rights of the Child Week Celebration (21st November, 2024)



Kolkata: CINI celebrated CRC week with the children Child Care Institutions (CCI) for boys and girls. It consisted of a thrilling **Kabaddi tournament** for the youngsters,

drawing competition & puppet shows were also organized to raise awareness about child rights, issues of child protection and instilling among them the importance of family & education in one's life. Life skill training workshops equipped children with the knowledge and tools they need to navigate in daily life, build healthy habits, and develop a more positive outlook. These engaging sessions provided a platform for children to showcase their unique talents by expressing themselves freely through art and craft where children learned to channel their creative thoughts, cultivate critical thinking, and refine their skills, fostering personal growth and development.



Rambagan, Kolkata: On 22nd Nov, CINI, in collaboration with Seva Kendra, organized a vibrant CRC Week celebration led by adolescents from Rambagan area. The event featured an engaging puppet show, followed by a lively puppet-led song for entertainment. A thought-provoking drama on child labour emphasized the importance of prioritizing education over early work. The event concluded with a feedback session, leaving participants inspired and informed about the value of childhood and education.



Uttar Dinajpur: Through different activities, Child Rights Week 2024 was observed in Uttar Dinajpur. A football tournament for girls and boys, a girls kabaddi tournament, a quiz competition, an extempore on government schemes, and a seminar of wall magazine on social evils were displayed. Over 1200 people were reached through the events throughout the week.



Murshidabad: Child Rights Week was organised in collaboration with District and Block Administration, featuring a range of activities at schools and community levels. The event included a lively rally, quiz competitions, drawing contests, and the submission of a Charter of Demands to local Panchayats and Block offices. A special focus was placed on the children of Azimganj Station, where the celebrations were conducted with enthusiasm.

World AIDS Day (1st December)



South 24 Parganas:

Multiple events were organized across **Canning II block**, engaging over **200 participants**, including adolescents, parents, and community stakeholders.

Activities included a magic

show and folk songs that conveyed important health messages about ART adherence, early detection, and dispelling myths surrounding HIV. Open discussions addressed stigma and discrimination against PLHIV, promoting empathy and encouraging community support. Healthcare workers, and educators actively participated, distributing IEC materials such as pamphlets and posters in local languages.



Murshidabad: In Murshidabad, the celebrations began with a rally from the **Berhampore CMOH office** to the **Court and Station Road**, with participation from **HIV-positive families, children, government officials, NGOs, and CINI staff**. Slogans were read aloud to raise awareness and

honour those affected by HIV/AIDS. After the rally, health check-ups were conducted at CINI's health units with support from SMFG. Families received medical consultations and essential medicines.



Uttar Dinajpur: In Uttar Dinajpur, two events were organized—one at **Raiganj Municipality Park** in collaboration with **Raiganj Municipality** and another in **Karandighi block** with the **Panchayat Samiti and Block Development Office**. On the first day, a rally from Raiganj Stadium to Bidhanmancha was followed by activities at Municipality Park. Participants, including children, adolescents, and officials, wore badges symbolizing HIV/AIDS awareness. The event featured an inaugural song, a speech by the SDO, a cultural dance performance, and ice-breaking games for children and mothers. The day concluded with a prize distribution ceremony. On the second day, a rally with 100 students was held in Karandighi, starting from the BDO Office to Karandighi High School. A “Toto Tableau”, inaugurated by the BDO and Panchayat Samiti Secretary, traveled through various gram panchayats spreading awareness. Children and adolescents actively participated, emphasizing their right to participation and the importance of a stigma-free community.



World Girl Child Day (11th October)



Assam: CINI Celebrated World Girl Child Day in **Kokrajhar, Sonitpur, and Kamrup Metropolitan districts to raise awareness about girls' rights, education, health, and empowerment.** In collaboration with government and community stakeholders, the events engaged diverse groups, including educators, health workers, parents, adolescents, and community members. The events emphasised **gender equity**, education, and the need to address issues like **menstrual health, early marriage, and teenage pregnancy**. Creative activities such as discussions, art competitions, and performances inspired participation and deepened understanding. Participants committed to supporting girls' aspirations and recognising the shared responsibility of communities and institutions in promoting equality and empowerment. Over 200 people attended, reinforcing the importance of inclusive development for girls.



North Bengal: On the occasion of International Girl Child Day, a **drawing competition was organized for children at all learning centres.** The theme encouraged participants to express their thoughts and emotions about the life of a girl child through art. The drawings

reflected a mix of stark realities and hopeful aspirations. Some children depicted harsh challenges faced by girls. Others chose to portray hopeful scenarios.

News Positive

From Vulnerability to Strength: Hiramani's Journey Towards a Healthier Future



During a routine home visit, CINI's field workers met 17-year-old Hiramani Guriya from Delgatoli village in Khunti district, Jharkhand. Facing challenges early in her life, Hiramani's pregnancy placed her in the **High-Risk Pregnancy (HRP)** category. Her height of 141 cm and haemoglobin level of 10.5 g/dl further classified her as a **Nutrition Risk Pregnancy case**. Recognizing her vulnerabilities, she was registered at the Anganwadi Centre (AWC) in Kubatoli under the Husir Health and Wellness Centre (HWC). CINI enrolled her in a cohort for regular health monitoring, follow-ups, and counselling to ensure both maternal and child well-being.

CINI took swift action to provide comprehensive support including:

- ✓ Timely antenatal care, health check-ups, ultrasound scans, and the consumption of Iron-Folic Acid (IFA) & Calcium supplements.
- ✓ Counselling on dietary diversity and the importance of at least two hours of rest daily.
- ✓ Participation in mothers' group meetings for peer support and health awareness.
- ✓ Collaboration with PRADAN, an organisation specialising on sustainable livelihood, to strengthen the family's economic resilience through sustainable agriculture.

The interventions led to significant improvements:

- Economic Stability: Improved agricultural techniques, boosted crop yield and diversified income sources.
- Health Improvement: Hiramani delivered a healthy 2700 gm baby without complications and adopted postpartum contraception.
- Empowerment: Increased awareness of health and nutrition enabled the family to take proactive control of their well-being.

Hiramani's story highlights the impact of timely intervention, community support, and empowerment. Through CINI and its partners, young mothers like her are building healthier, more resilient futures for themselves and their families.

Other Events of the Quarter



Chaiti – A Block level cultural Initiative: Bissamcuttack, Rayagada, Odisha

Block-level celebrations marking the onset of winter were held with traditional grandeur in Bissamcuttack, blocks in Rayagada district on December, 18th. CINI actively participated in these festivals for celebrating Tradition with

Wellness and organizing infotainment stalls and hosting events such as food group exhibitions, BMI check-ups, anthropometric measurements, and audio-visual displays on health and nutrition. The events attracted over 5,000 visitors and earned accolades from the BDO of Bissamcuttack for CINI's exemplary arrangement and management.



Uttar 24 Parganas : CINI worked as a partner of the Government of West Bengal in the **Anemia Mukta Bangla (AMB) program**, conducting orientation sessions at the district level (**Basirhat & North 24 Parganas Health Department**) convergence platform.

A district-level order was issued for diabetes screening in 40 schools across the Basirhat Health District.



Mr. Jaswinder, a board member of CINI Australia and his wife, Ms. Rajinderpal, visited CINI's Head office, training unit, Boy's and Girl's CCIs, and CINI's field areas from 19th to 22nd November to observe the interventions of CINI. During their visit, they generously donated a washing machine, microwave oven, and harmonium for the benefit of our children.

Mr. Kalyan Choudhury, former Director-Civil Aviation spent a quality time with the children, discussing aviation industry and various professions related to it. He generously sponsored a special lunch for the children at the girls' CCI run by CINI on December 11th, 2024.



Employees of Accenture celebrated Children's Day at the girl's CCI run by CINI on November 23rd, 2024 with fun games, activities and treats, including chocolate and food packet distribution, cake cutting, and gifts of stationery items for the children. CINI is grateful to the employees of Accenture who made a kind donation of a **microphone with amplifier, blankets, and a sewing machine** to support the well-being of the children.



Daktarbau (Dr Samir Chaudhuri, Founder-Secretary, CINI) celebrated Christmas at children's home: CINI and children's beloved Daktarbabu, Dr. Samir Chaudhuri, and Mr. Amit Dasgupta (Treasurer, Governing Body, CINI) visited both of CINI's CCIs to celebrate Christmas and create memories that will be cherished by the children

forever. Children of CINI's Children's home hardly have the chance to experience the essence of this festival so the entire day was celebrated with joyful activities, gifts and chocolates to make this day special and memorable.



CINI at Poush Mela, Shantiniketan: As a part of the community mobilisation approach, generating mass awareness on Health & Nutrition issues is important to ensure sustainability of the efforts and community-based management of malnutrition. In this regard, a demonstrative stall

was put up in Poush Mela, 2024 in Shantiniketan, Birbhum for showcasing the interventions of CINI in Birbhum District. The stall was inaugurated by **District Magistrate Birbhum, Sabhadhipati, Birbhum and ADM (ZP), Birbhum** facilitated by field team of CINI working towards ensuring Maternal, Child and Adolescents health and nutrition. The stall was set up from 23rd December, 2024- 28th December, 2024. The stall was visited by other district officials- **CMOH Birbhum, DPHNO, Birbhum, DPM, NRHM Birbhum, District Trainers from STARPARD, P&RD dept.** In the said stall various IEC materials were showcased along with live screening of Malnutrition among children, adolescents and NCD Screening for population above 30yrs.



Raigarh, Madhya Pradesh

A formal approval from the District Education Officer for the implementation of the **Girl Rising Program** in the **district of Rajgarh, Madhya Pradesh** marks a significant step. This approval has led CINI towards smooth execution of the program across 5 blocks of Rajgarh District.

Bodoland Territorial

Region: CINI was honoured with a **Certificate of Appreciation** during the 4th Anniversary celebration of the Bodoland Territorial Region (BTR) government. This recognition highlights CINI's relentless efforts and invaluable **contributions toward fostering development and well-being in the BTR region.**



Inauguration of Crèches in Simdega, Jharkhand:

In collaboration with **CINI and Azim Premji Foundation** 8 crèches have been **inaugurated** across Thethaitangar and Kolebira blocks in Simdega district, including villages like Taraboga, Awrabahar, Meromdega, Siringbera,

Jamtoli, Shivnathpur, Besrajara, and Tainsera. These crèches were launched in support of DSWO, CDPO, LS, Sarpanch, Panchayat members, Saiya, Anganwadi workers, school teachers, and community members.

Picture Speaks



Turning Waste into Resources: A Sustainable Solution:

CINI's **Flower Waste Management initiative** exemplifies innovation, environmental care, and community engagement in **North Dumdum Municipality**, where **CESC Limited** is the funding partner, and CINI is acting as the technical advisor.

45th Annual Conference of Indian Association of Studies in Population (IASP)

Health and Nutrition team of CINI recently represented in the prestigious 45th Annual Conference of Indian Association of Studies in Population (IASP), at Centre for Study of Regional Development, **Jawaharlal Nehru University, New Delhi** from 12th to 14th December 2024.



Nutrition Camp, Howrah: Nutritious foods were showcased and Balanced Diet was discussed at Nutrition Camp at Howrah District.



Bhaidooj: On 3rd November 2024, CINI celebrated Bhai Dooj in Murshidabad district, honouring the dedication of various officials, including **BSF jawans, GRP and RPF personnel at Azimganj railway station**, and the OCs of local police stations

International Day of Persons with Disabilities:

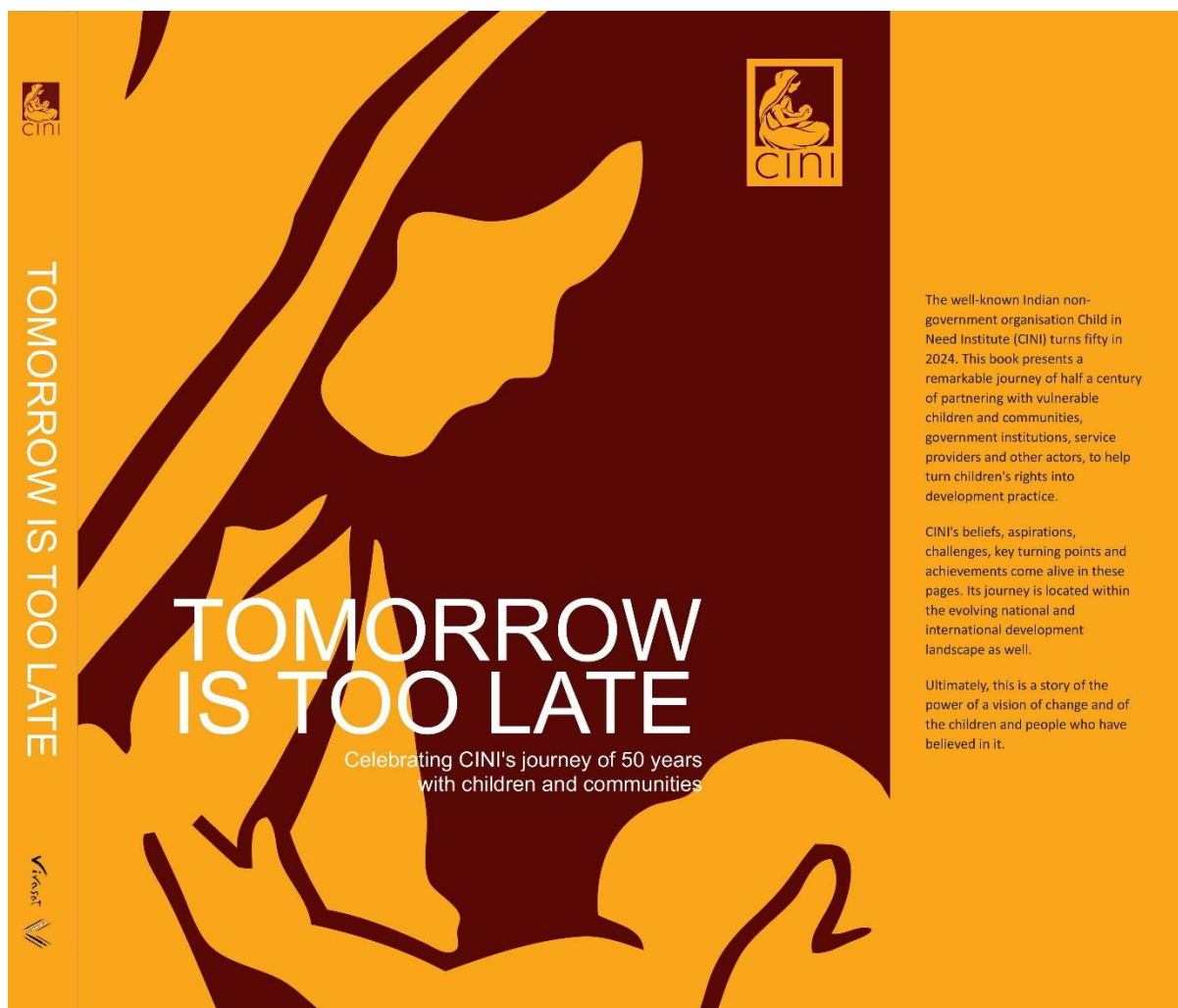
On 3rd December 2024, the International Day of Persons with Disabilities was observed in 13 Gram Panchayats with the active participation of 450 people, including the GP Pradhan, Secretary, AWWs, Teachers, and Adolescents.



The Umang Kishore Helpline (UKH):

UKH participated in an event organized by the **Women and Child Development (WCD) Department** of the Government of Madhya Pradesh and **Sky Social** on 25th - 26th November 2024 at the Kushabhau Thakre International Convention Center, Bhopal. The event focused on

addressing gender-based violence, online abuse, and empowering women and youth through dialogue and collaboration.



‘Tomorrow is too late’ is available online now

Amazon Link

<https://amzn.eu/d/gUkEaoN>

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